

Introducing Earth Voice Food Choice Project

Dear Parent of _____ School,

The Earth Voice Food Choice Project is a national effort designed to assist parents, teachers, counselors and food service directors in motivating young people to develop nutritionally sound eating habits.

By teaching students about the benefits of a simpler, healthier, plant-based diet and by helping food service personnel provide healthier options, we will improve the health and mental clarity of students while offering them solutions to many of the health, environmental and economic concerns that face them today.

- The project educates students, parents, teachers, food service personnel and government officials about the health and environmental benefits of a low-fat, plant-based diet.
- The project supplies school food service personnel with the training, recipes and resources needed to provide students with nourishing and tasty meal and snack alternatives.
- The project teaches students to understand their power as consumers and to make healthy, sustainable food choices.
- The project helps students to find their "voices" as individuals to enable them to speak out for human and environmental health.
- The project motivates students to participate in government through letter writing actions.

Your support is necessary to insure the success of this project. Please contact your school's food service director and principal and let them know you are in support of the Earth Voice Food Choice Project.

For more information please contact: